



Collegiates and New OCS Selectees,

We are in the middle of the summer months and hopefully you are enjoying some well-deserved time off to rejuvenate and enjoy the great weather. For those of you in the North, take advantage of the outdoors while you can because this won't last forever. For those of you in the South, hopefully the temperatures aren't so stifling that you're spending all of your time in the comfort of your air conditioning. For those of you fully ensconced in summer classes or internships, keep the faith! Your hard work will soon pay off as you approach graduation and are welcomed into Officer Candidate School. Few Americans will ever get the privilege of experiencing OCS and the satisfaction of becoming commissioned officers in the United States Navy. You are among those few. Keep working hard and preparing yourself for the task at hand. We look forward to seeing you out here in the fleet soon.

- CEC Accessions Team

LEADERSHIP TRAITS

Previously, you learned about the Marine Corps leadership traits and the qualities all leaders should embody and aspire to. Now, you will expand your knowledge to the Principles of Naval Leadership. I challenge you to take what you are learning and apply it to your leadership roles in your project assignments, student organizations, and community connections.

Train Your Unity as a Team

- Study, prepare and train thoroughly, endlessly.
- Encourage unit participation in recreational and military events.
- Do not publicly blame an individual for the team's failure or praise just an individual for the team's success.
- Ensure that training is meaningful, and that the purpose is clear to all members of the command.
- Train your team based on realistic conditions.
- Insist that every person understands the functions of the other members of the team and the functions of the team as part of the unit.



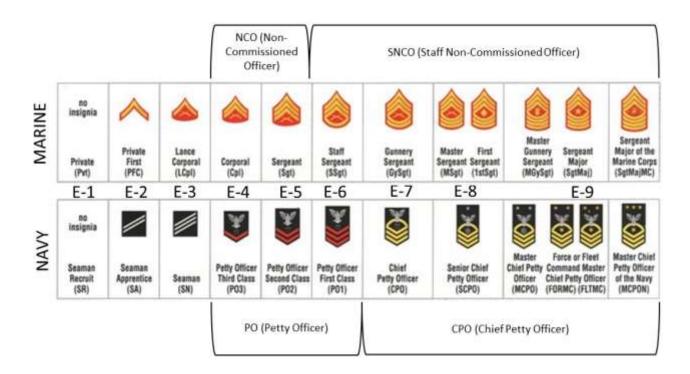


CAREER FOCUS

Navy and Marine Corps Rank Structure

As an officer in the Civil Engineer Corps, you will find yourself working with members of multiple branches of service. There are numerous billets in the CEC where our officers report to, and/or lead, active duty personnel in the Marine Corps, Air Force and Army. It's important to understand the different ranks and titles within the branches, and be able to properly and respectfully address those service members you are surrounded by.

Because of our shared history, Naval Officers work most closely with the United States Marine Corps. In fact, virtually all Marine Corps installations have a Navy CEC officer serving as the Public Works Officer tasked with overseeing all facilities management, planning and construction at the base. The Public Works Officer serves as the Staff Engineer for the Installation Commanding Officer, and advises him or her on all matters involving land, facilities and environmental matters. In some cases, Public Works staff may have numerous Marines in their chain of command, both junior and senior. Below is a chart displaying the enlisted ranks of both the Navy and Marine Corps.



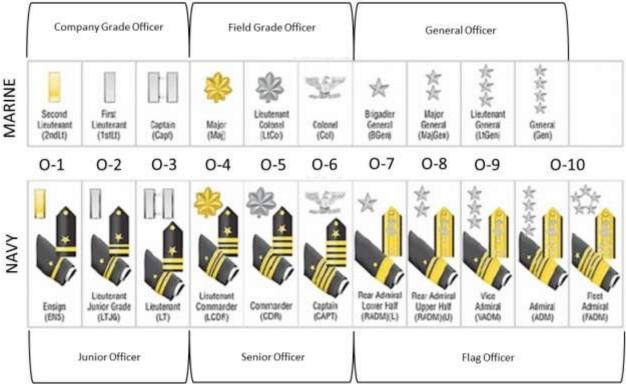
In addition to the different ranks and insignias, please notice the paygrades, which run from left to right in order of seniority. A Private or Seaman Recruit would be considered an E-1 while a Master Gunnery Sergeant or Master Chief Petty Officer would be considered an E-9. CEC





officers may find themselves leading any number of Marines or Sailors throughout their careers, so it is vital that we are familiar with this nomenclature.

Below is a similar chart, focusing on the officer ranks of both the Navy and Marine Corps.



Notice that unlike the enlisted personnel, Marine and Navy officers share rank insignia making it trickier to distinguish between the two in certain uniforms. As you spend more time working with members from each branch, you will hone your skills and be able to tell a Major from a Lieutenant Commander rather quickly and avoid any embarrassing situations.

The Navy and Marine Corps are like siblings within the Department of the Navy family. Throughout your career as a Naval Officer, you will find yourself regularly interacting with Marines both enlisted and officer. The earlier you get a handle on the rank structure of each, the better off you will be. You DO NOT want to be the candidate that shows up to OCS and refers to your Master Sergeant Drill Instructor as a Gunnery Sergeant.





Summer Safety

Simple risk management before engaging in summer activities can help keep Sailors, family members, and YOU safe. This link blow has some safety tips on how to stay safe while enjoying the different activities:

https://www.nsc.org/home-safety/tools-resources/seasonal-safety/summer

Swimming

Whether it's an ocean, a lake or a pool, swimming is one of the most enjoyable activities during the hot summer months. It is also one of the most dangerous. Please follow the tips below to keep yourself, and those around you, safe.

- Always use the buddy system by swimming with a friend.
- Swim at places that have lifeguards when possible.
- Always check local weather condition and warnings before swimming. Avoid dangerous conditions like thunderstorms or strong currents.
- According to the Center for Disease Control and Prevention, among adolescents and adults, alcohol use is involved in up to 70 percent of deaths associated with water recreation. Be a responsible drinker and avoid drinking alcohol before and during water activities.

Cycling

Whether you are riding your bike recreationally or as part of your daily commute, it's a great way to get some exercise during the summer. Please pay attention to the tips below to keep yourself cycling safely.

- Helmets greatly reduce the risk of brain injury. Always wear a helmet.
- When riding during non-daylight hours, always wear reflective clothing, a headlight, and add a rear reflector to your bike.
- Ride with the flow of traffic.
- Follow the rules of the road, and obey all traffic signals and signs.
- Use directional hand signals when turning.

Enjoying the Sun

Getting a healthy dose of sunlight each day is a great way to enjoy the weather and get the vitamin D your body requires. Pay attention to the tips below to make sure you enjoy the sun responsibly.

- Wear sunscreen with an SPF of at least 15. Be sure to reapply your sunscreen as directed.
- Exercise in the shade to stay cool.
- Wear protective clothing such as hats and sunglasses to minimize the effect of the sun's rays.





- Lower your risk of catching Lyme disease or West Nile virus by wearing proper mosquito repellents, especially when you will be in wooded areas.
- Reduce the risk of developing a heat-related illness by knowing the signs of dehydration and staying hydrated. Keep water or sports drinks on hand if you know you will be out in the heat for an extended amount of time.
- Avoid consuming alcoholic and caffeinated beverages before and during outdoor activities because they increase your risk of becoming dehydrated.

ACCESSIONS OFFICER FOCUS

Lieutenant Aaron Kulp



In this edition we would like to take a chance to recognize one of our best and brightest. For those of you lucky enough to have worked with Aaron over the past few years, I'm sure you can attest to his friendliness, work ethic and commitment to the Civil Engineer Corps. Aaron has been an invaluable member of our team and we have no doubt that he will continue his dedication to excellence as he makes his way to his next tour as the FEAD Director at Naval Station Everett in Everett, Washington.

Lieutenant Kulp is a native of Onalaska, Washington, where he was born and raised. He graduated cum laude from the Saint Martin's University in May of 2003 with a Bachelor of Science in Civil Engineering.

Kulp worked as structural engineer designing various residential and commercial projects for a small private firm in Washington State from 2003 to 2005. In 2005, he performed site development for big box retail stores across seven different states. Then from 2005 to 2007, he worked for a nationwide engineering and architectural firm. From 2007 to 2011, he worked as





project manager for various municipalities in southern California completing several projects from conception through design to completion. Kulp joined the Navy in 2011 and was commissioned as an Ensign in the Civil Engineer Corps in April 2011.

His first assignment was as the Assistant Public Works Office of the Washington Navy Yard, Navy's oldest naval shore installation. In 2013, he reported to Naval Mobile Construction Battalion 133, where he was assigned as the S7A as well as the armory and readiness officer during homeport. He then deployed as the Officer in Charge of a detail assigned to Combined Joint Task Force – Horn of Africa on board Camp Lemonnier, Djibouti, where the 65-member detail completed a nine structure medical clinic in the remote village of Kalaf, continued the expansion of a remote airfield and launched and recovered a 15 Seabee team to Liberia in support of Operation United Assistance, the United States response to Ebola in Liberia. Kulp also was assigned to Coastal Riverine Group ONE as the Facilities Officer managing all Riverine facilities throughout the Pacific Area of Operations and was the Maintenance and Material Officer.

Kulp is Seabee Combat Warfare qualified and is a registered Professional Engineer in the state of California. He has been awarded the Navy/Marine Corp Commendation Medal, Navy/Marine Corp Achievement Medal three times, Global War on Terrorism Expeditionary Medal, Armed Forces Service Medal and other service awards. He is a Level II Acquisition Professional. He is married to Tiffany and father to three children.

LT Kulp has consistently lead the AO team and his extensive knowledge, unwavering commitment, and Can-Do attitude will be sorely missed. He will no doubt excel in his next tour. On behalf of the whole team Aaron, FAIR WINDS AND FOLLOWING SEAS!





Lieutenant Liam Arellano



We'd like to also take the opportunity to welcome Lieutenant Liam Arellano to the team as the new Deputy Accessions Officer and assistant to the Officer Community Manager. Liam was born in Pennsylvania, but grew up in upstate New York and later in eastern Washington. He enlisted in the Air Force from 2003 to 2007, and served in support of OIF and OEF as a B1-bomber maintenance technician. He transitioned to the Air Force Reserve in 2007 and completed training as a medic in 2008. He received his Bachelor of Science in Electrical Engineering in 2012 from Eastern Washington University, and commissioned through Officer Candidate School in 2013.

Lieutenant Arellano's past tours in the CEC include: Construction Manager, Public Works Department, Naval Base Ventura County California, where he managed 97 projects valued at over \$38 million; and Assistant Training and Readiness Officer and Communications Officer, Naval Mobile Construction Battalion Five, Port Hueneme California, where the communications department under his leadership performed flawlessly in a major joint exercise with the Marine Corps, allowing zero loss of communications over the course of three weeks and across over ten thousand square miles.

Lieutenant Arellano is a Seabee Combat Warfare Officer, a registered Engineer in Training in the state of Washington, and Contracting Level II qualified. His personal decorations include the Navy and Marine Corps Commendation Medal, among other service and unit awards. Welcome Liam!





CEC COLLEGIATE/OCS NEW MEMBERS



Alfred Brown Dennis Carroll Donald Chen Devin Cowley Joel Estes Matthew Fetner Bassimswe Kodjolo Matthew Laverentz Nathanael Maracle William Park Thomas Perea Brian Schroth Parker Bagshaw Joshua Hocker Matthew Hoge Samuel Morgan Ethan Oconnell

ACCESSIONS TEAM CONTACT INFORMATION

North Accessions LT John Ingle john.ingle@navy.mil (847) 971-0344 South Accessions LT Tapeka Pringle tapeka.pringle@navy.mil (757) 572-5855

West Accessions LT Grayson West grayson.west@navy.mil (619) 778-7952

Deputy Accessions LT Liam Arellano liam.arellano@navy.mil (901) 874-3397 Officer Community Manager LCDR Henry Suter henry.b.suter@navy.mil (901) 874-4034